

# PROFILE



Healing of the Body, Healing of the Soul

**Leo Baeck Centre**  
FOR PROGRESSIVE JUDAISM

THE LEO BAECK CENTRE FOR PROGRESSIVE JUDAISM

**ALL OUR FESTIVAL SERVICES WILL BE ONLINE THIS YEAR  
AND WE HOPE YOU WILL JOIN US AND PARTICIPATE AND FIND THEM MEANINGFUL**



To join us from your computer for all services and sessions, click anywhere on this page or go to [lbc.org.au](http://lbc.org.au) and click on link there.



Alternatively, if you have a Smart TV (that can get YouTube) - or a computer or even a phone - go to [youtube.com](http://youtube.com) and then search for [leo baeck online](http://leo baeck online) or go to [lbc.org.au](http://lbc.org.au) and click on link there or click anywhere on this page.

## You are Invited

סליחות  
**S'LICHOT**

Sat 12 Sep

The new film 'A Gentleman before God' will be shown at 6pm followed by a discussion ..... 6.00-8.00pm  
Candlelight service ..... 9.00-10.00pm

### HIGH HOLY DAYS 2020/5781 חגים תשפ"א

Remember: *Red volume* of your Machzor for Rosh Hashanah

ראש השנה  
**ROSH HASHANAH**

Fri 18 Sep

**JOINT PJV Erev Rosh Hashanah** (no Tallit required) ..... 6.00-7.30pm  
To access this service you will need to go to [lbc.org.au](http://lbc.org.au)

Sat 19 Sep

**Rosh Hashanah**  
Torah study with other PJV congregations (access at [lbc.org.au](http://lbc.org.au)) ..... 9.00am  
**Morning Service** ..... 10.00am-1.15pm  
*We expect the Shofar to be blown at about 12.45pm*

Sun 20 Sep

**2nd Tishri**  
Torah study with other PJV congregations (access at [lbc.org.au](http://lbc.org.au)) ..... 9.00am  
**Morning Service** with other PJV congregations ..... 10.00am-11:30pm

שבת שובה  
**SHABBAT SHUVAH**

Sat 26 Sep

Torah study with other PJV congregations (access at [lbc.org.au](http://lbc.org.au)) ..... 9.00am  
**Morning service** ..... 10.00am-12.00pm

Remember: *White volume* of your Machzor for Yom Kippur

יום כפור  
**YOM KIPPUR**

Sun 27 Sep

**Kol Nidrei** (For those who choose, a Tallit is worn) ..... 7.30-9.30pm  
Torah study with other PJV congregations (access at [lbc.org.au](http://lbc.org.au)) ..... 9.00am

Mon 28 Sep

**Yom Kippur Shacharit – Morning Service** ..... 10.15am-1.20pm  
**Musaf – An Unfolding Revelation** ..... 1.30-2.45pm  
**Minchah – Afternoon Service** ..... 2.55-4.20pm  
**Yizkor – Memorial Service** ..... 4.25-5.40pm  
**N'ilah – Concluding Service & Havdalah** ..... 5.45-7.00pm

ACCESS FOR FRIENDS AND FAMILY? Sure! Email [office@lbc.org.au](mailto:office@lbc.org.au) for details

Click anywhere on this page for link

**INSIDE:** • APPEAL DETAILS • GETTING THE BEST FROM ZOOM  
• WALTER KASTELAN EULOGY • SUKKOT & SIMKHATTORAH

## THIS YEAR'S HIGH HOLY DAY APPEALS

At this most challenging period, we know that many across our congregation, as well as across the country, are concerned about what the future may bring.

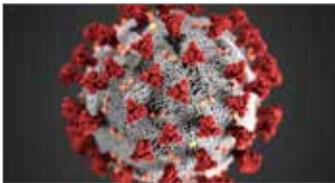
Yet our tradition teaches us that however hard things may seem for us, there are always those in more need than we are.

Each year, we have asked you to bring bags of groceries and/or hygiene products to distribute to some of those around us with least of all – refugees and asylum-seekers who have often fled life-threatening situations to try to establish a new and more hopeful life in the country we are lucky to be able to call home.



### ASYLUM SEEKERS RESOURCE CENTRE:

This year of course it will not be so easy to bring in groceries as in other years, but we would ask you to adjust the way you are giving these vulnerable people very practical sustenance, by contributing shopping gift vouchers instead. If you are a member of RACV, or have an Entertainment registration, you can even give them the extra 5% that you will save if you buy Wish gift cards that can be used at Woolworths, Big W etc. <https://giftcards.woolworths.com.au/buy-gift-cards> Other companies may have similar schemes. You can get the cards electronically and forward them to the office where we will send them on to ASRC.



### COVID ASSISTANCE FUND:

You may know that we have also set up a Covid Assistance Fund to assist LBC members confidentially in a variety of ways to maintain connection with the congregation and reduce isolation. This year we are inviting you to contribute to this important initiative.



### KITCHEN REFURBISHMENT FUND:

Last year we launched our Kitchen Refurbishment Fund, and we have received a significant proportion of the money required for this project. Not only is the synagogue kitchen over forty years old and tired and hard to use and maintain, but it is currently an obstacle to hiring our facilities to the wider community to bring in much-needed funds. Although of course we are not using the premises at present, and need to help members through this most immediate and challenging period, we also need to keep an eye on the future and returning to our regular activities such as Kiddushim and Seder in a fresh and well maintained building and a safe and efficient kitchen, so please support this if you can.

Your generous donations can be transferred electronically direct to our account: BSB 013-400, Account 313324807, account Leo Baeck Centre – but please make sure to put YOUR name, HHD appeal, and what you want the money to go to, if specific. As always, it may be possible to make donations for LBC over \$200 tax deductible – please speak to the office for details before sending your contributions.

L'shalom



*Gillian Lubansky, President*



*Jonathan Keren-Black, Rabbi*



# Getting the best from Zoom.us

We've now been running our Seder and all our Shabbat and Festival services online since 28th March and I think we're getting quite good at it! Numbers 'attending' are staying at higher levels than they were in shul, and some people find it better – they don't have to get up so early, or go out in the cold and wet, they can adjust the temperature and volume as they wish, and they can see the prayer book and even the Torah on the screen!



If you don't know how to Zoom.us, you can look at the illustrated instructions in the recent Profile covering August-October (or find it online at [lbc.org.au](http://lbc.org.au)). That was just the basics – and below we have more detail about 'tuning up' the service to set it up the best way for you (note: details vary for different versions). Using Zoom.us can be a two-way experience – you can speak (for example to say the blessings over a 'call-up') and, if you have a camera and it is on, you can be seen as you join in the service.

But we are now introducing another choice to participate in the services. If you don't have a computer, or Zoom.us is too complicated, or you want to watch from the comfort of the big screen in your lounge rather than at your desk, you should now be able to find us on YouTube. If you have a Smart TV, go to [leobaeckonline](http://leobaeckonline). If you don't have a Smart TV, you might treat yourself! You'll be amazed at what it can do! Kogan are offering a 24inch in time for the High Holy Days from \$199 plus delivery, <https://www.kogan.com/au/buy/kogan-24-smart-led-tv-series-7-eh7500/> or a 32inch from \$269 (no, I don't have shares – just trying to help you get LBC services loud and clear in time for YomTov!).

## Tuning up your Zoom.us experience (this is for Macs and PCs – iPads may differ slightly):

Once you've got in to the service, you'll see a screen like this, with a picture of the prayer book to the left and a small picture to the right:



If you see this screen ('window') as only a part of your whole screen, move your pointer to the top right hand corner where four corners of a small grey square should appear, and left-click on it – the window should then expand to fill the screen.

If you move the pointer to the top right you will see a box that says 'Gallery View'. Click on it to get the 'gallery' which in our case is the 'congregation view'. You should then see a strip of people who are 'present'.



If you click the black option to the right of the green section at the top, a menu bar will drop down. It should have 'side by side' selected.



Move the pointer to the two small vertical lines to the left of the middle picture and left-click. A grey line should appear from top to bottom. Left-click on this line and drag it to the left:



The pictures will grow wider and the page will move to the left – then more pics will appear.



Keep going until the page is all the way to the left.

You'll also note that the person speaking or leading is highlighted with a yellow border.

If the pointer is put in the middle section, the menus will disappear after 10 seconds. Moving the cursor, they'll reappear and at the top right, it will say 'Speaker View': clicking on that will change the 'congregation view' to the leader only.



We can also change it to this single picture view. If you want to change it back, just click 'Gallery View'.



If you point at the top right hand corner of any participant's window, you should see a blue box with three dots. Left-click on this to see a dropdown menu with options like 'chat' (this is also where you can rename yourself). If you click 'chat' you may be able to send them a direct personal message.



Use chats carefully and occasionally (as you might in shul!). And be careful – you are also able to chat to anyone else or to 'everyone' and might do it by accident!



Or if you have a Phone, Ipad or Smart TV, just **CLICK HERE FOR LINK**

18th Sept 2020 - Erev  
6pm JOIN OUR PJV COMMUNITY TO WELCOME THE NEW YEAR

רוש השנה  
ROSH HASHANAH

19th Sept 2020  
9am TORAH STUDY SERVICES START  
10am

ONLINE CLICK HERE FOR LINK

SUNDAY 27th EREV 7:30PM  
Join us for PJV-wide Torah study from 9am

MONDAY 28th SERVICES FROM 10:15AM

Yom Kippur

27/28 September 2020

ONLINE CLICK HERE FOR LINK

# Yizkor

Those members or relatives of LBC who have died in the past year

Beryl Holdsworth  
Joseph Isaac AO  
Victor Isaacs  
Laura Ercole  
Eric Taft  
Gabriel Lilienthal  
Gina Solomon

Gordon Levinson  
Greg Kerr  
Herbert Palmer  
Jaffa Waksberg  
Zena Dann  
Lawrence Shavick  
Lewis Bell

Marvin Katz  
Rev. Dr Bill Elliott  
Richard Harcourt  
Rosalind Mow  
Neil Glasser MVO  
Byron Slater  
Walter Kastelan

Remember your loved ones in the  
**PJV Virtual Memorial Book 5781/2020**

*May their memories  
always be for a blessing.*

Go to the [LBC.org.au](https://lbc.org.au) website or direct to:

<https://bit.ly/38Qz0vX>

to submit your entry.

Up to six names may be recorded for the cost of \$36



# Eulogy

## Walter Abraham Kastelan



**WALTER ABRAHAM KASTELAN** died tragically and unexpectedly on 22nd July whilst in hospital. Because many congregants knew him and were not able to attend the funeral or minyan, we are reproducing a shortened version of Rabbi Jonathan's eulogy as part of this tribute to those members who have died in the past year.

"I was privileged to have known Walter over the past two decades. He was one of the very first people I met when I was interviewed, as he kindly showed us areas where we might choose to live. He was a regular attender at shul, always with his sparkle and mischievous smile. I am going to share the words of the family describing this beautiful mensch who died many years too early, and with no time to prepare or say goodbye. I am grateful to Veronica and the boys for talking with me about the amazing life of an amazing father. Veronica, described him as a divine husband.

'Wal' Abraham Kastelan was named after his great grandfather Walter Jona (the later Walter Jona, Victorian politician, was their cousin). He came to Australia in the 1860's from Romania via Palestine. He worked firstly in Adelaide as a tailor, saving money to bring out his wife and child. His son, Dr Judah Leon Jona, inspired Wal deeply. Walter's Hebrew name was from their maternal great-grandfather Abraham Kozminsky, a businessman and property developer in gold-boom

Melbourne. The surname was contributed by Heinz Kastelan, a Berlin refugee, whom their mother Claire married in Palestine in 1941. She arrived in Melbourne in February 1947 with their two toddlers but without Heinz, and pregnant with Walter. Their grandparents welcomed them back, but Claire was concerned as the family had no father or visible means of support. The solution was to send them off to the family holiday home in Woodend with a loving housekeeper to help raise them.

Older brother David remembers an idyllic childhood: ten years on the small farm near Woodend. At school, Wal, always happy, was nicknamed "Smiley Wal". When they moved back to Melbourne, he completed primary and secondary school and finished his schooling at Taylor's Business College. His initial career path was varied - he worked on a farm in Whittlesea, on a pig farm at Penguin in Tasmania (where he joked that he never ate the profits!), and even became a tram conductor. Veronica met Walter at the wedding of a friend in 1978. They were introduced to LBC by

family friends, the late Bern and Rose Boas, and celebrated their marriage there on 11th May 1980.

Walter had graduated from a Real Estate course in 1979. A man of great integrity, David remembers a Melbourne wheeler-dealer saying that Walter "was too honest" and unsuited to being a real estate agent! In the early days he faced a lot of rejection, but was eventually hired in Toorak. Later, he set up his own office in Acland Street St Kilda. He was well respected and was recently honored by the REIV for his 40 years of Membership and services in the Real Estate Industry. This roughly coincided with their 40th year wedding anniversary. Walter and Veronica had a beautiful celebration - in splendid Covid isolation - the table set with candles and cake, and a meal from a favourite restaurant.

Family was Walter's focus, with love and pride in their three sons, Samuel, Jonathan and Anthony. He always supported the boys, come what may. He welcomed daughter-in law Primrose, and was looking forward to Ashley

...continued overleaf

joining the team! Most recently, he shlepped much nachas from baby Phoebe Claire, born on his mother's birthday. He would have much enjoyed this new phase as grandchildren arrived. Veronica will have to enjoy it twice as much, for Walter as well, which she'll surely accomplish admirably! Walter adored Veronica. He took great pride in her achievements, and they were the centre of each other's world, and the love of each other's lives. She told him this often, especially in his final hours.



He maintained a wonderful relationship with his brother David, with whom he caught up a few times a week. Their discussions were always calm and respectful even as their political perspectives diverged.

Wal never liked to sell anything that he chose for himself. Cars of perfect proportion and design were kept for life. He appreciated fine things - antique furniture, a beautiful watch often with a colourful trading history, or a clock supposedly capable of perpetual motion, or a classy restaurant. Yet he was still a country boy, who loved a good steak or barbecue or a long country drive, like across the Nullarbor or to Broken Hill. Like his forebears, Walter was a modern explorer with a passion

for travel. Anyone who travels for days in an unheated bus to view the base of Mt Everest must be taken seriously! Walter and Veronica have been to many fabulous places in Europe, USA, UK, South America, Antarctica, Tibet and Iceland, and last year were able to enjoy a Russian river cruise. I imagine people won't be doing that again for a while! Walter always took wonderful photos on these trips, using several of his cameras and devices, and has many photos on his Ipad.

Samuel shared a memory of precious time with his father - when they were boys, David selected Essendon and would not let Walter barrack for them as well, so Walter chose the Western Bulldogs, who won the premiership in 1954, when he was 7. Walter remained an ardent supporter but there were many fallow years until in 2016 he and Samuel were at the match when they again won the premiership, 62 years since the last time! Samuel remembers the tears of joy and jubilation!

Walter collected letters, one from explorer Sir Douglas Mawson, one from Winston Churchill on his 90th birthday, and a book signed by Sir John Monash. He also has cards signed by astronauts from NASA including those who landed on the moon. How awesome is it that as a young man he wrote to Churchill and to NASA and kept the replies so carefully! Finally, there is a speech from Malcolm Turnbull about the Rehabilitation of the Yarkon River in Israel given at a JNF dinner in 2004.

Walter also had very Jewish attitudes and behaviour. As a serious and thoughtful progressive Jew, and long-standing member of LBC, he never mixed milk and meat or ate treife. He loved and supported Israel as the Jewish birthplace and home. In recent years, he worked as Treasurer of the

Friends of Tel Aviv University Australia and had just been elected to the Board of Governors in Israel, a goal he had long dreamed about, and which finally happened by Zoom with Israel in April. In the latest edition of our synagogue magazine, the Mazal Tov had to be changed to 'A very Sad Mazal Tov' just before printing.

Walter supported Israel through his untiring work and also financially through the JNF and the UIA Progressive Trust.

The last few weeks of his life were difficult. Uncomplaining, he rather philosophically said "It is what it is". Sadly, we now know that it was a substantial lung cancer. As the family come to say the words of the Mourner's kaddish, we observe that there is no mention of death - rather it is an acknowledgment and ultimate acceptance of the way the universe works. Only God, the spirit of the universe, is eternal.

*Zekher tzaddik livrakha* - may the memory of the righteous be a blessing to all who knew and loved them and shared a part of their life's journey.

Walter, you have enriched our lives by your presence, love and guidance, and you will never be forgotten. T'hi neshama tz'rurah bitzur hakhayim - May your dear soul be bound up in the bond of everlasting life.



**Leo Baeck Centre**  
FOR PROGRESSIVE JUDAISM  
*Justice justice you shall pursue*

**L Bee C Honey**

From our own hive and the flowers and gardens of Kew  
A sweet and wonderful gift for Rosh Hashanah

**\$19.95** 250ml  
or \$24.95 delivered

**\$13.95** 4oz  
or \$19.95 delivered

Delivery is to the doorstep (within 10km of LBC) with a card

**Hurry to email or call the office – very limited supplies**

10am

**SUKKOT**

SERVICE FROM THE RABBI'S SUKKAH  
(weather permitting)

**Saturday 3 October 2020**

**ONLINE** [CLICK HERE FOR LINK](#)

**Leo Baeck Centre**  
FOR PROGRESSIVE JUDAISM  
*Justice justice you shall pursue*

**EREV**  
*Simkhat Torah*

**FRIDAY 9TH OCTOBER | 6:30PM**

**ONLINE** [CLICK HERE FOR LINK](#)

**Shmini Atzeret**

**יזכור**  
with Yizkor memorial service

**SATURDAY**  
**10th OCTOBER**  
**10AM**

**ONLINE** [SEE LBC.ORG.AU FOR LINK](#)

**OUR HONORED INDIVIDUALS**



**Ellis Edwards**  
our Khatan Torah  
- Bridegroom of the Torah

Ellis has always had a special fascination with the Torah and Hebrew. He feels a deep connection with Simkhat Torah - the personification of one's relationship to God and community through the words of the Torah. In matters of spirituality he feels he has often "missed the forest for the trees", but on his journey as a Jew he has managed to hear the "tree" falling before he felt it! Ellis belongs to two synagogues, each community offering its own unique intellectual challenges and sense of belonging, yet sharing a common blue-print to 'live the Torah'.

At LBC, Ellis has served on various groups including the Security Team, the Board, and Executive in his current role as Co-Treasurer. We are delighted he will be helping us conclude another cycle of Jewish life as Khatan Torah.



**Elisabeth Holdsworth**  
our Kallat B'reishit  
- Bride for Genesis

Elisabeth joined LBC in 2017 with husband Rob. In 2018 she delivered the Leo Baeck Lecture recounting some of her experiences as an Intelligence Officer, particularly around the Australia-Israel relationship. Elisabeth is active on the House of Studies and Ritual Groups and joined the Board at the AGM. Since the beginning of the Covid epidemic she has served as Tech Shammash for our Zoom shul. One of her passions is to ensure all members are able to access technology in order to engage fully in the life of the congregation, and we are delighted she has agreed to start of the next cycle of Jewish life as Kallat B'reishit.



# Intro to Judaism

Aug 21, Sep 11, Oct 23 @ 5:30pm



**ONLINE** [CLICK HERE FOR LINK](#)



# FRIDAY NIGHT SHABBAT Live



**7pm**  
AUG 21  
SEP 11  
OCT 23

**ONLINE** [CLICK HERE FOR LINK](#)



## SHABBAT MORNING SERVICE ONLINE



<b>AUG</b> 22, 29	<b>10-11.15am</b>	followed by 'virtual kiddush'
<b>SEPT</b> 5, 12, 26		
<b>OCT</b> 17, 24, 31		



**ONLINE** [CLICK HERE FOR LINK](#)



## DISCUSSION GROUP

**SUNDAYS**  
**10:30-12:00**

led by **RABBI JONATHAN**

**23 August 2020**  
Elul: A Time for Repair and Review

**25 October 2020**  
Dabbling with Nature: Noah and the climate emergency!

**ONLINE** [SEE LBC.org.au FOR LINK](#)

Organised by: LBC Care Group

Our eminent member

### Senior Psychiatrist

*Sandra Hacker*

Will talk about  
*'Mental Health Issues at the time of Covid: How to manage them'*

**10.30AM**



**Sunday**  
**13 September 2020**

Sandra will talk for 30 mins followed by discussion

Cost: Donations always welcome  
Contact: Rena Lopata

**ONLINE** [CLICK HERE FOR THE EVENT](#)



JOIN US AT

## Deborah's Well

The Leo Baeck Women's group – if this topic interests you, you are always welcome.

**ONLINE**

**WEDNESDAY 7TH OCTOBER**

**SPEAKER: Dr Anne Peters,**  
a leading US Diabetes Specialist.

**7:30PM**

**ONLINE** [SEE LBC.org.au FOR LINK](#)