



Rosh Hashanah 2021 DIY Activities

Shana Tova!

This program pack is designed for kids to have some fun and off-screen activities to do for Rosh Hashanah, as a compliment to the service (or a break from it if the screen time becomes too much!). It can be run by parents, older siblings, or self-run. Here are some brief instructions -

Activity 1: Rosh Hashana Bingo

- A bingo board is attached at the bottom of this document to print
- You have to find, make, or experience 5-in-a-row of the items on the board
- Some sort of prize can be offered for completing the board - apples and honey, challah fairy bread, etc.

Activity 2: Reflection Journal

- Use these questions as a guide to make your own reflective scrapbook. We encourage you to add photos or any other mementos in order to reflect over the previous and ask yourself what you can do to change.
- What you will need:
 - Scrapbooks (it also works well with 10 sheets of paper or similar bound in 2 sheets of card with ribbon)
 - Pens
 - Glitter, stickers, fancy paper etc for embellishing and personalising
- Scrapbooking questions
 - This year I am proudest that...
 - But I am least proud that...
 - The best gift I received was...
 - And the best gift I gave was...
 - The most interesting thing I saw or learnt there was...
 - Things to say thank you for...
 - This year I've helped the world by...
 - I helped my community by...
 - People I need to say sorry to...
 - Things to remember for next year...
 - Some steps I can take to become an even better person over the next year?

Listen to the Shofar	Eat apples and honey	Make a 'Chag Sameach' sign	Take a photo of a bee	Help prepare a dish for dinner
Mail a 'happy new year' card to a family member	Do 100 star jumps	Pick a bunch of flowers	Make a paper crown	Eat a pomegranate
Do Tashlich	Find a machzor	Draw a family tree of the matriarch and patriarchs	Hold a handstand against the wall for 30 seconds	Make a Shofar out of cardboard
Find 2 candles	Do a still life drawing of apples	Dress up as Abraham, Isaac, or the ram	Eat a slice of honey cake	Climb a tree
Write 3 goals for next year	Learn a new prayer	Run around the block in < 1 min	Eat round challah	Try a new fruit